

ASHBURY ST. SAN FRANCISCO, CA 94117



"I AM THE VINE, YOU ARE THE BRANCHES. WHOEVER REMAINS IN ME AND I IN HIM WILL BEAR MUCH FRUIT, BECAUSE WITHOUT ME YOU CAN DO NOTHING."

- JOHN 15:5

## Biography

# OUR MOTHER FOUNDRESS



Our Blessed Mother, Mary Magdalene of the Incarnation, was born on April 16, 1770 in Italy, where she grew up in a family devoted to Jesus in the Eucharist. In 1788, she entered a Franciscan Community where, as a novice, she experienced a divine inspiration in which Our Lord requested that she found the Order of Sisters of Perpetual Adoration so that the Blessed Sacrament would be adored both day and night.

In 1807, Pope Pius VII gave his approval and blessing to the founding of this Order, seconding Our Lord's desire that through perpetual adoration of the Blessed Sacrament the Church be assisted in the work of salvation of souls.

"THE CLOISTERED SISTER ADORING BEFORE THE TABERNACLE IS THE MOST EFFECTIVE REPRESENTATIVE OF MANKIND."

- POPE JOHN XXIII

### THE SISTERS OF PERPETUAL ADORATION ARE:

#### **CONTEMPLATIVE**

The one and only purpose of life for the Sister is to honor and glorify Jesus in the Eucharist. Her prayer life and her household tasks are all performed in a spirit of adoration, reparation, and love. Thus, she is a spiritual helper, a channel of grace for the Church and the whole world.

#### **CLOISTERED**

The Community lives within a well defined border which includes Convent, Chapel, and grounds, leaving the cloister only when necessary. The cloister provides the needed atmosphere for our apostolate of adoration of the Blessed Sacrament.

#### **SACRIFICIAL**

The Sisters' main penance is to live a hidden life with Christ, making His love known and felt throughout the world by their prayer and penance.

Any young woman
17 years or older who feels
an attraction to this life
after preliminary
correspondence can apply
for a "Come and See" visit
in order to experience
our lifestyle and seek
discernment of her call
to Consecrated Life.



#### **ABOUT US**

#### THE SISTERS' LIFESTYLE



The Sisters' day is made up of prayer, both common and personal.



Each Sister has an hour each day assigned to her to adore the Lord on behalf of all people.



The night time adoration is also assigned so that the able-bodied Sisters can fulfill this privilege of accompanying Our Lord while many sleep.



There are also recreation periods each day for outdoor exercise and enjoyment of companionship with the other Sisters in addition to free time each day for personal projects such as letter writing, reading and hobbies.



There are various types of work which utilize each Sister's gifts for service in love of God and neighbor.

### CONTACT



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Monastery of Perpetual Adoration



